

ADIME Sample Template

Dietitian's Signature:_

Patient/Client Name:							Referred for:				
Nutrition Assessment											
Food and Nutrition Related History:											
Anthropometric Measurements											
Age: Gender:			Ht:			Wt: Wt Hx:		BMI:			
Biomedical Data, Medical Tests &			Procedures								
Labs/Date	Glucose	HgbA1c	BUN	Creat	Na+	K+	Hgb	Hct	MCV	Other	
Medical Diagnosis/Relevant Conditions:											
Pertinent Medications:											
Nutrition Focused Physical Findings:											
Patient/Client/Family Medical/Health History:											
Estimated Nutritional Needs/Comparative Standards											
Calories/kcal/kJ				Protein				Fluid			
Nutrition Support Order			☐ Indepe	Feeding Ability Independent Limited Assistance Extensive/Total Assistance			Oral Problems Chewing Problem Swallowing Problem Mouth Pain None of the Above			Intake ☐ Good (>75%) ☐ Fair (approx. 50%) ☐ Poor (<50%) ☐ Minimal – (<25%)	
☐ No Nutrition diagnosis at this time. ☐ Proceed to Nutrition Diagnosis Below											
Nutrition I	Diagnosis										
P (Problem)				E (Etiolog	y)			S (Signs & Symptoms)			
relate			ed to:			as evid	lenced by:				
P (Problem)				E (Etiolog	y)			S (Signs & Symptoms)			
related to:			ted to:			as evidenced by:					
Nutrition Intervention											
Nutrition Prescription											
Food and/or Nutrient Delivery:						Nutrition Education:					
Nutrition Counseling:						Coordination of Care (refer to):					
Goal(s):											
Nutrition Monitoring & Evaluation											
Indicators:						Criteria:					